



## **Nut-Free Policy and Other Allergies at Little Dino Playgroup**

At Little Dino Playgroup, the safety and well-being of all children are our top priorities. To ensure a safe environment for children with nut allergies and to prevent any accidental exposure, we have implemented a strict nut-free policy.

### **Key Points of Our Nut-Free Policy:**

#### **1. No Nuts or Nut Products:**

Children and staff are asked not to bring foods containing nuts, including peanuts, tree nuts, nut butters, nut oils, or products that may contain traces of nuts.

#### **2. Clear Labeling:**

Please check all food labels carefully before bringing snacks or lunches. Look for warnings such as “may contain traces of nuts” or “produced in a facility that processes nuts.”

#### **3. Alternative Snacks:**

We encourage parents to provide safe, nut-free snacks such as fruits, vegetables, dairy products, or specially prepared nut-free treats.

#### **4. Communicating with Staff:**

Inform staff about any allergies or dietary restrictions your child has, so we can take appropriate precautions.

#### **5. Educational Awareness:**

We promote awareness about allergies among children through discussions and activities, fostering understanding and empathy.

#### **6. Other Allergies:**

In addition to nut allergies, we ask parents to notify us of any other allergies or dietary restrictions your child may have, such as dairy, gluten, eggs, soy, or sesame. This information helps us create a safe environment tailored to each child's needs

#### **Implementation and Compliance:**

All staff are trained on allergy management and will monitor snack and lunch areas to ensure compliance. We kindly ask parents and caregivers to support this policy to keep our playgroup a safe space for everyone.

#### **Questions or Concerns:**

If you have any questions about our nut-free policy or need assistance with suitable snack options, please contact the Little Dino Playgroup administration.

Thank you for your cooperation and understanding in helping us create a safe environment for all children!